# Alano Club of the Eastside January

2025

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## Recovery Resources

Eastside Intergroup www.eastsideaa.org

Seattle Intergroup www.seattleaa.org

Alcoholics Anonymous World Service www.aa.org

Al-Anon Family Groups <u>Seattle-al-</u> anon.org

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball.

Sobersoftball.com

## January Club Member A.A. Birthdays!

Kris C. 1/23/84 \* Greg M. 1/27/98 \* Jan C. 1/25/94 \* John T. 1/9/86

Roni U. 1/31/94 \* William S. 1/14/92 \* Greg K. 1/20/04 \*

Angelina O. 1/1/01 \* Linda T. \* 1/9/06 \* Nancy O. 1/12/88

Steve H. 1/13/13 \* Ted W. 1/7/03 \* Tom K. 1/6/17

Gerry Z. 1/2/13 \* Bruce L. 1/20/89 \* Carmen A. 1/12/08

Dan O. 1/11/23 \* Natasha N. 1/24/92 Michael H. 1/31/83

January is a BIG Month! Congratulations!

### Welcome New Members!

William E. \* Jaclin H. \* Lester S. \* Rasheedah N.

## THANK YOUS!

## PHIL K. and SCOTT Mc.

Phil and Scott have both been long time members and have served on the Board of Directors.

Phil joined in 2011 and served as president in 2016 and 2019. He also served as secretary and treasurer in other terms.

Scott has been a member since 2007 and served as president in 2017 and several other positions including director for several years.

We extend a heartfelt thank you for their long service at the Alano Club and for helping with our security and safety.

## TOM A. and TIM S.

Tom was President in 2012 and treasurer for many years. Tim was president in 2022 and served in many different board positions over the years. Both Tom and Tim have moved out of State this year and we wish them well and thank them for their service.

## Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

## How Can You Help Support the Alano Club?

Enjoy a meal at the club

Make a financial donation

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Join the club and pay the membership fees.

\$20/month or \$200/year (2 free months)

\$10/month Seniors/Juniors or \$100 per year (2 free months)

\$25/year Non King County Resident

Members enjoy a 10% discount!

### **2025 BOARD MEMBERS:**

## Happy New Year from your 2025 Board

President: Carmen A.

Vice-President: Ann J.

Secretary: Josephine R.

Treasurer: Edward O.

Director 2 Year: James V.

Director 2 Year: Jonathan S.

Director 2 Year: Don H.

Director 1 Year: Val E.

Director 1 Year: Mike R.

Director 1 Year: Sharon R.

Thank you all for service being on the board of the Alano Club of the Eastside.

## Meetings Looking for Support

**EASTSIDE OPEN BREAKFAST**—AA Meeting

(Annex) Sundays 9:30am-11:00am

**NOONERS**—AA Meeting (Annex)

Monday-Friday 12:10pm & Saturdays 12:30pm

Birthday Cake & Coins August 30th

AFTERNOONERS—AA Meeting (Annex)

Monday, Wednesday, Friday 2:00pm

ESSENTIALS—AA Meeting (Annex)

Daily 9:30pm-11:00pm

**WOMEN OF WORTH—AA Meeting (Clubhouse)** 

Studying the Big Book / Women Only

Thursdays 5:30pm-6:30pm

**ROUGH AROUND THE EDGES**—AA Meeting

**Candlelight Meeting (Annex)** 

Fridays 8:00pm

WHAT'S IN THE BAG—NA Meeting (Annex)

Saturdays 4:00pm

Open Volunteer Opportunities at Alano Club of the Eastside

Webmaster

Fundraiser

Yard Bird

Membership Coordinator

Email:

manager@alanoclubeastside.org

## **SERVICE OPPORTUNITY**

We need people to help with our Spaghetti Dinner Fundraiser on January 4th.

Please Contact Val: 425-417-5460

Board Meetings for the Alano Club of the Eastside are held on the third Wednesday of each month at 7:00pm. The next meeting will be held on January 15th, 2025 in the clubhouse.

"A Place for Recovery"			
Alano Club Meeting Schedule			
6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday Jan. 31st Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Mon. Wed. Fri.	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA (Saturday Jan. 25th Cake & Coins)	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

Please visit our website <u>www.alanoclubeastside.org</u> for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at <u>www.eastsideaa.org</u>