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Resources

Eastside Intergroup
www.eastsideaa.org

Seattle Intergroup
www.seattleaa.org

Alcoholics Anonymous World Service
www.aa.org

Al-Anon Family Groups Seattle-al-anon.org

The Clean and Sober Softball Association is a recovery-based activity, organized for "noncompetitive" recreation. The function of CSSA, and its franchises, is to further recovery through the community of softball.

Sobersoftball.com

February Club Member A.A. Birthdays!

Adam C. 2/7/01 * Rod C. 2/11/74 * Roger L. 2/22/82
Rick S. 2/7/11 * Samuel W. 2/23/13 * Brad M. 2/27/11
Dina L. 2/11/15 * Todd T. 2/12/17 * Robert J. 2/14/22

Congratulations!

Welcome New Members!

*Michael B. Deanna C.
James K. Michelle K.*

Benefits of Membership

A safe, sober place to share in:

- Sober fellowship and fun
- Hope and support
- Friendship and acceptance
- Service opportunities
- Learn to give and share
- Learn to participate in society
- A chance for guidance, love and freedom from loneliness
- All sustaining members are entitled to use the Members Lounge to socialize
- Receive a 10% discount on all food and beverage purchases
- Opportunity to give back by helping to keep the doors of the Alano Club open
- Free Wi-Fi for members

Membership Application

Membership ensures that our club stays open.

Please complete this form and return to the food service counter or mail to: Alano Club 12302 NE 8th St., Bellevue, WA 98005

PLEASE PRINT

Date: _____

Name: _____

Address: _____

Unit #: _____

City: _____

State: _____ Zip: _____

Cell Phone: _____

Work Phone: _____

E-Mail: _____

MEMBERSHIP TYPE:

Regular Annual \$200 (Save \$40/year) _____

6 months special regular \$110 _____

Regular Monthly \$20 per month _____

Senior (65 and over) & Junior (Under 18)

Annual \$100 _____ Monthly \$10 _____

Would you like your sobriety date published in the newsletter? _____

DATE _____ MEMBER # _____

Alano Club of the Eastside Statement of Purpose

The Alano Club of the Eastside is a non-profit corporation established for the primary purpose of providing social opportunities and a social setting for recovering (non drinking) alcoholics and their families. The Club is not affiliated with Alcoholics Anonymous or and related program. However the Club and its members share a commitment to the principles of A.A. and may choose to cooperate with A.A. by extending certain invitations to A.A. members, including use of facilities for A.A. meetings and other 12 Step programs.

HELP WANTED

The Alano Club of the Eastside is in need of a part-time (10-12 hours per week) bookkeeper with extensive QuickBooks experience to do semi-monthly payroll, pay vendor bills, enter daily receipts, maintain membership records and file monthly and quarterly tax reports.

Could expand to include other bookkeeping and office duties. If interested please send your name, email and phone number to:

manager@alanoclubeastside.org or
olsoe@msn.com

Open Volunteer Opportunities

Webmaster

Fundraiser

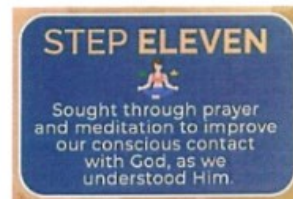
Yard Bird

Membership Coordinator

Email: manager@alanoclubeastside.org

Eastside Step 11 Meeting

Tuesdays @ 5:30pm



Join us to practice meditation and prayer.

Alano Club (small room)

12302 NE 8th St.

Bellevue, WA

For more information, contact Scott W.

206-492-4079

Eastside Alano Club
Providing a safe place for 12
step programs since 1973



Please Donate Today!

Become a
Member



Your
contributions
will help us keep
the doors open

Contribute by
Phone



Meetings Looking for Support

EASTSIDE OPEN BREAKFAST—AA Meeting

(Annex) Sundays 9:30am-11:00am

NOONERS—AA Meeting (Annex)

Monday-Friday 12:10pm & Saturdays 12:30pm

Birthday Cake & Coins August 30th

AFTERNOONERS—AA Meeting (Annex)

Monday, Wednesday, Friday 2:00pm

ESSENTIALS—AA Meeting (Annex)

Daily 9:30pm-11:00pm

WOMEN OF WORTH—AA Meeting (Clubhouse)

Studying the Big Book / Women Only

Thursdays 5:30pm-6:30pm

ROUGH AROUND THE EDGES—AA Meeting

Candlelight Meeting (Annex)

Fridays 8:00pm

WHAT'S IN THE BAG—NA Meeting (Annex)

Saturdays 4:00pm

Board Meetings for the Alano Club of the Eastside are held on the third Thursday of each month at 7:00pm. The next meeting will be held on February 20th in the clubhouse.

12302 NE 8th Street, Bellevue, WA. 98005 425 455 5700 www.alanoclubeastside.org

BINGO

FEBRUARY 12th

EASTSIDE ALANO CLUB



FEB. 12 WEDNESDAY 3PM-5PM

ANNEX ROOM FUN PRIZE'S
HELPS WITH EXPENSES FOR KITCHEN
CARDS 3\$ PLUS DONATIONS
PLEASE COME OUT TO PLAY.



WHAT'S IN IT FOR ME?

This is an edited excerpt from an article written several years ago by a dear friend of the Alano Club.

To send an alcoholic or addict through a treatment center and out onto the street before he or she is strong enough to make it on their own is probably a waste of time and effort.

All of us need to further improve sobriety through reading, discussions, meetings, lectures and textbooks. The Alano Club has been here for more than 50 years providing all of these facilities, along with a supportive staff and environment, offering several daily, weekly or monthly meetings and reaching thousands of people each year. True, many do not get the message, but it's here for all who sincerely want to stay sober.

Getting a discount on food and beverages, the use of the members room, and the social aspects of becoming a member are probably not substantial reasons for becoming a member. However, your interest and desire to help will assure that the Alano Club will continue to be here for others who need help just as you did. That is a giant step in the right direction.

Please spread the word. We need more members to continue the job. When someone asks "What's in it for me?" tell them you will be getting the great satisfaction of knowing you are doing your part to keep the Alano Club operating for those who will follow.

Alano Club of the Eastside

**“A Place for Recovery”
Alano Club Meeting Schedule**

6:00am	Sunrise AA	Daily	Clubhouse
7:00am	SA Meeting (closed)	Sunday	Annex
7:00am	Fresh Start	Daily	Annex
8:30am	Overeaters Anonymous	Sunday	Clubhouse
8:30am	Gamblers Anonymous	Saturday	Annex
9:30am	Eastside Breakfast AA	Sunday	Annex
9:30am	AM Reflections	Wednesday/Friday	Annex
11:00am	Al-Anon	Saturday	Annex
12:00pm	SAA Meeting (closed)	Monday	Clubhouse
12:10pm	Nooners AA (Friday Feb. 28 th Cake & Coins)	Monday -Friday	Annex
12:30pm	Nooners AA	Saturday & Sunday	Annex
1:00pm	ACOA	1st & 3 rd Saturday of month	Clubhouse
1:30pm	Spanish AA	Sunday	Clubhouse
2:00pm	Afternooners	Mon. thru Fri.	Annex
4:00pm	What's in the Bag NA	Saturday	Annex
4:00pm	Tool Time Men's AA	Friday	Annex
5:30pm	Living Sober AA (Saturday Feb. 22 nd Cake & Coins)	Daily	Anex
5:30pm	Nicotine Anonymous	Monday	Clubhouse
5:30pm	Women of Worth	Thursday	Clubhouse
5:30pm	Eastside 11th Step AA	Tuesday	Clubhouse
6:00pm	SAA Recovery First (closed-hybrid)	Wednesday	Clubhouse
6:45pm	Sermon on the Mount AA	Friday	Annex
7:00pm	Get to Stepping HA	Saturday	Annex
7:00pm	Happy Destinies AA	Sunday	Annex
7:30pm	Women's Accountability Mtg.	Monday	Annex
7:30pm	Cocaine Anonymous	Tuesday	Annex
7:30pm	Spanish AA	Monday-Saturday	Clubhouse
8:00pm	Rough Around the Edges AA	Friday	Annex
9:30pm	AA Essentials	Daily	Annex

Please visit our website www.alanoclubeastside.org for schedule updates, to pay dues or make a donation. Thank you for your support! More meeting updates can be found at www.eastsideaa.org